

Teach your child to  
**serve others.**

Discuss values and  
expectations.

Surround your child with people who are kind and caring.	<b>Helping Kids Care.</b>	Treat your child with respect, dignity, concern, & regard.
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Show your child **kindness.**

Be consistently **Caring  
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ACT Against Violence—American Psychological Association

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The National Television Violence Study, published in 1997, found that 66% of all television programming contained violent themes and images. A later study (Bushman & Huesmann, 2001) concluded that the average American child will have seen more than 8,000 murders and more than 100,000 other acts of violence on television by the time they finish elementary school.

The Gospel Message of Christ gives a very clear message about how we are to treat one another—a message that is counter to violence and aggression.

*“...love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you...Do to others as you would have them do to you.” Luke 6:27-28, 31*

This kind of love and care for others is something that is *caught not taught*. The ACT Against Violence program from the American Psychological Association offers these tips on *Helping Kids Care*:

- Teach your child to serve others.
- Discuss values and expectations.
- Surround your child with people who are kind and caring.
- Treat your child with respect, dignity, concern and regard.
- Model caring.
- Show your child kindness.
- Be consistently caring and compassionate.

**Be a light in the darkness.** Create a world where care for others is more common than acts of violence.

*For you were once darkness, but now you are light in the Lord. Live as children of light, for light produces every kind of goodness and righteousness and truth.*  
**Ephesians 5:8-9**

*For more information on violence prevention and promoting right relationships contact the Diocese of Grand Island Child Protection Office at 308-382-6565 or [cpo@gidiocese.org](mailto:cpo@gidiocese.org)*

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